## An Invitation to the Dance: An Awakening to the Extended Human Family by Steven Jones

This book is about a man's personal experiences with aliens. His first memories started around the age of five. Steven remembers picnicking with his aunt. After the lunch she would fall asleep on the blanket while he would go into the woods, board a UFO and interact with hybrid children. In this period of time a gray alien appeared in his bedroom at night. Steven sensed this was a female whom he called, "The Witch", because she could fly or move without walking. At this age he was not afraid and asked the witch to be his best friend. He has had visits from the witch throughout his life.

As Steven grew older he began fearing these alien visitations. He could sense they were going to happen before the occurred. Somewhere between the ages of six to eight years old he began having many nose bleeds, especially at night. During one of these nose bleeds he dispelled a round, hard ball that he assumed was an implant. He also experienced missing time. Steven believes implants are benign and used for our benefit .

As a teen Steven lived in fear of these visitations. He decided to change the way he felt about the visitations. Every night for months he began composing intentions mentally while in the state between consciousness (fully awake) and deep sleep. He wanted the ETs to know that he wanted his contact to be of a positive nature and for him to remember it that way. Steven wanted to stop feeling used and abused... or at least remembering it that way. After months of this he began to remember past experiences differently as if the fear had evaporated. He stopped dreading their visitations and began to invite them. As Steven put it, "I reframed my own belief system." He believes he is now allowed to remember his past experiences as they really happened. He feels that he had to take this last step and calls it his "Leap of Faith".

Steven has had alien abduction and experiences all his live and is still experiencing this even into his fifties. He believes that if abductees stop being frightened the aliens can no longer maneuver what you think and believe. Abductees can make their own decisions which is an empowering experience and transition.

Steven believes that contact is wonderful... if we choose it to be. He thinks that contact is all the same but that everyone processes it differently. He believes that fear is taught to children and is not an instinctual, natural safeguard. He also believes that the aliens created us and humans are all part of their extended family.

## My comments:

This book left me with more questions than answers. First of all I believe that abduction, be it by aliens or humans from my hometown, is wrong. It is a serious crime. Even though some aliens are more technologically advanced, without the spiritual sense of right and wrong, their agenda becomes selfish without regards for the terror, pain and suffering they cause humans.

I firmly believe that only God creates and is the giver of a spiritual and benevolent soul which is our life force without which we cannot live. I do not believe the aliens created us. I feel they only us this theory to control us. I believe in God's own timeline for the advancement of humans. I feel that mankind is suffering setbacks in their spiritual advancement with the interference from the negative aliens. I believe positive aliens adhere to the Universal Law of Non-Interference and only assist or guide us when asked. They do not experiment, implant us, cause fear or interfere with our free-will choices.

My questions are as follows:

- 1. Why do the grays find it necessary to breed hybrid children?
- 2. Why do hybrid children appear sickly and seem not to comprehend human emotions?
- 3. What is the real purpose of alien implants and would we think they were benevolent if a human did the implanting without our knowledge or permission?
- 4. Why would we, as humans, want to play mind games with ourselves to dumb down or instinctual protection and warning system that we are born with?
- 5. If we invite alien abduction aren't we turning over our power to them which gives them permission to abduct us?
- 6. Wouldn't a negative alien be capable of removing your fear from your memories to make you think your experience is special, wonderful and for your own good?
- 7. If the aliens created us, where did they get the soul from and then why do they need human sperm and eggs to mix with their species to make hybrids which doesn't seem to be working out too well?
- 8. Why would the author want to teach other abductees how to live with being abducted instead of teaching them how to refuse this horrible crime against humans?
- 9. How is it that this author experienced terrible fear-filled abductions and visitations but now considers his experience a privilege and an honor? What changed?

Book Review by Sandy Hanson